

DAM TRAILS at ALLIANT ENERGY

Mountain Biking is strenuous and inherently dangerous. Ride at your own risk. Please Stay on the trails and respect the land. These trails are a public-private partnership.

Trail Description

There are between 3 and 3.5 miles of trail built out; a nice mix of fast-drying sand and interesting terrain, with more being built all the time.

The parking lots are shown on the map ([DamMap.pdf \(madcitydirt.com\)](#)) . For directions, Googling the Prairie du Sac VFW Memorial Park or the Alliant Energy Dam at Prairie du Sac should get you here without too much trouble. The VFW gravel parking lot is at the north end of the campground, and blue signs state that it's for mountain bikers to use. It's OK to open the gate and drive in if it's closed.

Trail conditions are updated by humans who care, and are subject to change at any time. ALWAYS use good judgment when using the trails, and don't ride if you are leaving ruts.

Please follow these rules for the Dam Trails.

- ✚ Do not ride when wet (ruts damage trails and cause erosion)
- ✚ Stay on the trails
- ✚ Do not alter the terrain or create shortcuts
- ✚ Helmets are required for bicyclists; eye protection is strongly recommended.
- ✚ Hikers, runners, and snowshoes should yield to bicyclists.
- ✚ Riders shall warn hikers and runners when approaching
- ✚ Dogs should be leashed for the safety of both riders and dogs.
- ✚ No motorized vehicles, except class 1 pedal assist e-bikes.

For maps, current trail conditions and other information, click here:

[Dam Trails at Alliant Energy \(madcitydirt.com\)](#)

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